

CONFERENCE PROGRAMME

International Mutual Help Meeting:
Networking and Collaboration



9-10 November 2026

OREA Hotel Pyramida · Prague, Czech Republic

UPDATED PROGRAMME · 17 SEPTEMBER 2026

Held under the auspices of the Minister of Health of the
Czech Republic

SUPPORTED BY



KEYNOTE SPEAKER



KEYNOTE 1

Monday, 9 November 2026 | 09:45

Professor Len Bowers

Safewards Past, Present and Future

ABSTRACT

There is no doubt that Safewards has been a huge success. It has been widely used in many countries all around the world. The research I led and published showed that using Safewards would lead to significant falls in conflict behaviours and containment use. There is every reason to hope that this has been achieved in the places where Safewards has been implemented in practice. Perhaps now is a good moment to take stock and think about the future.

Can we do things any better, and are there any common mistakes being made by people using Safewards? Is it too popular, implemented too widely or too superficially? Did our use of social media in order to support Safewards actually have drawbacks as well as benefits, and how should that continue? The Safewards team made the decision to make it freely available to everyone, without any costs, constraints or accreditation.

While that has certainly helped to get more people to use it, did that have costs we did not foresee? How do people who choose not to use Safewards see it, and are any of their criticisms right? During this presentation I will try to answer some of these questions, and will look forward to discussing them with you individually during the conference.

KEYNOTE SPEAKER



KEYNOTE 2

Monday, 9 November 2026 | 11:00

**Hamilton
Kennedy**

Beyond Containment: Deepening Safewards Through Relationship

ABSTRACT

This keynote begins with insider knowledges. Knowledge and experience of being restrained and harmed, of witnessing harm, and of working within systems that are trying to balance care and control. From these reflections, it asks what becomes possible when we take seriously the meanings people give to their distress, and how this can extend the work of the Safewards Model.

This keynote presentation brings together this insider knowledge, research, and clinical practice to explore the challenges and opportunities of implementing Safewards in psychiatric settings. Drawing on reflections of being subjected to, and witnessing, restraint, coercion, and harm within psychiatric services, the presentation considers how Safewards can be extended and deepened in practice.

Safewards represents a shift in how conflict and containment can be understood and addressed. With its focus on relationships, mutual understanding, and the dynamics of inpatient environments, it demonstrates that restrictive interventions are not inevitable. However, this presentation argues that the impact of Safewards can be strengthened by attending more closely to the meanings people give to their experiences, particularly in moments of heightened distress.

Integrating findings from doctoral research on experiences labelled as delusional, the presentation introduces ways of engaging with unusual beliefs and experiences as meaningful, rather than as problems to be corrected or managed. When these meanings are overlooked, interactions can become strained and escalate towards conflict. When they are engaged with respectfully, opportunities for connection and shared safety emerge.

The presentation will also provide practical guidance for implementing Safewards in moments of high distress. This includes preventative strategies, as well as ways of responding to emerging conflict while maintaining relational engagement under pressure. It suggests that reducing restrictive practices involves not only the application of specific interventions, but also the cultivation of practices and understandings that make connection more possible, and conflict and containment less likely.

KEYNOTE SPEAKER



KEYNOTE 3

Tuesday, 10 November 2026 | 14:15

**Assoc. Prof.
Anna
Björkdahl**

What Really Makes Safewards Work? Identifying the Active Ingredients for Fidelity, Learning and Impact

ABSTRACT

Safewards has become one of the most widely adopted interventions to prevent conflict and containment in psychiatric care, yet we still cannot confidently answer two fundamental questions: what exactly needs to happen for Safewards to work as intended, and how is Safewards actually implemented in practice?

This gap exists partly because we have lacked a robust tool to assess implementation fidelity, making it challenging to understand outcome variation, facilitate cross-site learning, or ensure Safewards is delivered as intended. At the core of this challenge has been an insufficiently articulated understanding of the active ingredients necessary for the ten Safewards interventions to achieve their intended effects.

Without this knowledge, replication, refinement, and effective implementation are compromised, jeopardising both clinical quality assurance and scientific rigour.

This keynote presents the on-going development process of the Safewards Implementation Fidelity Tool (SIFT), and the identified active ingredients of Safewards. Through an international Delphi process, expert consensus identified the active ingredients for each intervention as well as measurement levels, informed by contemporary fidelity theory. As a next step, the SIFT was pilot-tested with frontline psychiatric staff and refined to ensure clinical relevance and feasibility.

The tool comprises 48 active ingredients with established measurements across all ten interventions. The number of ingredients, ranging from three to seven per intervention, captures the sophistication of Safewards and of high-quality mental health nursing practice. The SIFT is currently undergoing international psychometric validation.

Beyond measurement, the active ingredients may serve as a practical compass for implementation, helping clinicians, managers, and researchers understand, communicate, and sustain the core purpose of Safewards, particularly relevant at a time when growing popularity brings both opportunities and risks of drift. This work establishes a foundation for the next generation of Safewards implementation, one grounded in clarity, shared understanding, and the capacity to learn from what truly works.

ABOUT THE ORGANISER



Pavel Říčan

DIRECTOR

Centre for Mental Health Care Development

OUR APPROACH

COMMUNITY & RECOVERY

LIVED EXPERIENCE

EVIDENCE INTO PRACTICE

INTERNATIONAL COLLABORATION

Why the Centre for Mental Health Care Development?

Dear colleagues and friends,

It is a great pleasure to welcome you to Prague for the first International Safewards Conference.

Since 1995, the Centre for Mental Health Care Development has worked to improve mental health care in Czechia and beyond. We support the development of community-based, professional and accessible services, promote respect for people experiencing mental health difficulties, and recognise lived experience as an essential source of expertise.

Safewards belongs naturally within this mission. It offers a practical, evidence-informed way to prevent conflict, reduce coercion and strengthen relationships on psychiatric wards. Through our Safety in Psychiatry programme, we connect international knowledge with everyday practice, combining training, implementation support and the authentic perspectives of people who have experienced mental health services.

That is why the Centre chose to bring this international community together: to share what works, speak honestly about challenges and build relationships for the future.

Thank you for joining us. I hope these two days bring new ideas, practical inspiration and renewed energy to create safer, kinder and more respectful mental health care.

Pavel Říčan
Director

ORGANISING COMMITTEE



Tomáš Petr

Czech Republic



Geoff Brennan

United Kingdom



Michael Löhr

Germany



Lenka Březinová

Czech Republic



Susanna Flansburg

Germany



SCIENTIFIC COMMITTEE



**A/Prof Bridget
Hamilton**

Australia

CHAIR OF THE SCIENTIFIC COMMITTEE



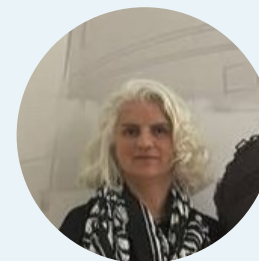
Dr. Justine Fletcher

Australia



Geoff Brennan

United Kingdom



Prof. Hülya Bilgin

Turkey



Prof. Alan Simpson

United Kingdom



**Prof. Dr. Michael
Schulz**

Germany



**Assoc. Prof. Anna
Björkdahl**

Sweden



**Prof. Lene Lauge
Berring**

Denmark



**Prof. Dr. André
Nienaber**

Switzerland



Raf Hamaizia

United Kingdom

MONDAY, 9 November 2026

07:30	Registration at Hotel Pyramida, Prague	
09:00	Opening Ceremony	
09:45	Keynote 1 Chair: Geoff Brennan	Safewards Past, Present and Future Professor Len Bowers
10:30	Coffee Break	
11:00	Keynote 2 Chair: Alan Simpson	Beyond Containment: Deepening Safewards Through Relationship Hamilton Kennedy
11:45	Lunch Break	
12:30 – 13:00	Poster Discussion	

MONDAY, 9 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter	Meeting Room Uranus
	Chair Michael Schulz Safewards Experience	Chair Geoff Brennan Safewards Introduction	Chair Justine Fletcher Safewards Implementation	Chair Lene Lauge Berring Workshop 1
13:00	Through the Patient's Eyes: Experiences of Safewards in Inpatient Psychiatric Care Malin Lindgren (Sweden) Co-presenters: Anna Björkdal; Daniel Arnerlöv 01	What is Safewards? Geoff Brennan (UK) 04	Safe Wards and Safe Teams Lina Haberman (Germany) 07	Creative and Reflective Approaches to Safewards Interventions: An Implementation Science Perspective 13:00 - 14:00 Lene Lauge Berring (Denmark) Co-presenters: Dorte Graulund Hansen; Jacob Hvidhjelm
13:20	Choosing what matters: Nurse Leadership, SafeWards and Reducing Restrictive Interventions Fiona Whitecross (Australia) 02	Safewards as Organizational Change: A Management Perspective on Implementation in a Psychiatric Pilot Ward Dusan Stojadinovic (Germany) Co-presenter: Nadine Günther 05	Humanising Mental Health Care: Implementation of the Safewards Model in Fundacion Hospitalarias Spain Centres Blas Blánquez Gomez (Spain) Co-presenters: Gloria María González Prieto; Elena Casado Díaz de los Bernardos; Alberto Carnero Treviño 08	
13:40	Safewards implementation the Second Time around: Lessons Learnt from the Past Patsy Jane Tarrant (New Zealand) Co-presenters: Anna Mahuika; Sophie Cooper 03	Safewards and interventions that are not (yet) so well known - why it is worth looking into them Andre Nienaber (Switzerland) 06	Safewards from Introduction to Cultural Change (from Project to Program) Nicole Boch (Germany) Co-presenters: Jessica Hassert; Franziska Lampert-Baumann; Rebecca Heinzelmann 09	
14:00	Change rooms / stretch legs / get coffee			

MONDAY, 9 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter	Meeting Room Uranus
	Chair Marek Procházka Safewards Implementation	Chair Susanna Flansburg Safewards Evolving	Chair Pavel Říčan Safewards Experience	Chair Bridget Hamilton Workshop 2
14:30	What a Safewards Trainer Needs: Results of an International Delphi Study Johannes Edel (Germany) 10	Implementing Safewards with a Cultural Lens at Mabu Liyan in Broome, Western Australia Lisa Shields (Australia) Co-presenter: Jennifer Hamilton 13	Thematic Analysis of Frontline Workers' Perspectives on our 'Safewards for Safe Homes' Model within a Community Residential Setting Adrianne Amri (UK) Co-presenters: David Kingsley; Dominique Hooper; Rachel Scullion 16	Worldwide Safewards Training and Education: Collaborate to Learn and Grow! 14:30 - 15:30 Emma Barker (Australia) Co-presenter: Anna Björkdahl
14:50	Development of Safewards Secure Tess Maguire (Australia) Co-presenter: Maicee Young 11	Cultural Adaptation of the Model for the New Zealand Context Paamu Kahu (New Zealand) Co-presenter: Tashana Poblete 14	'Safewards for Safe Homes': An Adaptation of Safewards for Community-Based Residential Care Dominique Hooper (UK) Co-presenters: David Kingsley; Rachel Scullion 17	
15:10	Implementation of Safewards in Vanha Vaasa Forensic Psychiatric Hospital Mirva Sundqvist-Kekäläinen (Finland) Co-presenter: Tella Lantta 12	Adapting Safewards in a Multicultural Inpatient Ward: Practical Experiences with Language, Culture and Religion Caroline Erviksæter (Norway) 15	An Adaptation of Safewards Interventions for Eating Disorder Services David Kingsley (UK) Co-presenters: Dominique Hooper; Rachel Scullion 18	
15:30	Coffee Break			

MONDAY, 9 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter	Meeting Room Uranus
	Chair André Nienaber Growing Safewards Research	Chair Michael Löhr Safewards Implementation	Chair Anna Björkdahl Safewards Implementation	Chair Tomáš Petr Safewards Implementation
16:00	Safewards in Forensic Psychiatry: Insights into Patient and Staff Experiences, Ward Climate, and Implementation Sebastian Mittelstädt (Germany) 19	Safewards in Corporate Strategy - Sustainable Implementation Using the Example of Safewards Visits Thomas Auerbach (Germany) Co-presenters: Irmi Breinbauer; Marius Kreissl 22	Strengthening Supervision, Sustaining Safewards: A Practical Approach through GRiP-S Jennifer Hamilton (Australia) 25	Evolving Safewards: A Creative Approach to Workforce Change Through Visible Clinical Leadership Kelly Thomas (Australia) Co-presenters: Aine Gleeson; Emer Keaveney 28
16:20	Impact of Safewards Model in Coercive Measures and Climate in Adult Psychiatric Wards Pauliina Ruonala (Finland) Co-presenters: Mari Jokiniemi; Helinä Hakko; Erika Jääskeläinen 20	Sustainable Implementation of Safewards: Success Factors and Strategies from Implementation Science Gitte Herwig (Germany) 23	What Works for Patients Works for Staff: Mutual Help Meetings as a Tool for Staff Support and Professional Development Heike Jansen (Germany) Co-presenters: Robert Nusser; Felix Kupsch 26	Implementation of the Safewards Model at University Psychiatric Clinic in Ljubljana Aljoša Lapanja (Slovenia) Co-presenter: Aljoša Lipovec 29
16:40	Impact of the Safewards Model on the Reduction of Mechanical Restraints Blas Blánquez Gómez (Spain) Co-presenters: Núria Mampel Caballero; Maite Delgado Almeda; Alberto Carnero Treviño 21	SAFEWARDS: a Nationwide Implementation within the Faroe Islands - What Did We Learn? Kerstin Laksáfoss (Faroe Islands) Co-presenter: Mirjam Hvid 24	Talk Down Methods as a Useful Tool in Staff training Anne Mette Nørregaard (Denmark) Co-presenters: Line Buch Oertel; Mathilda Randris Andersen 27	Rehearsing De-escalation with AI: A Safe Space to Practise Difficult Conversations Jan Hrdlička (Czech Republic) Co-presenter: Tomáš Petr 30
17:00	End of day 1			
19:00	Social Event			

TUESDAY, 10 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter	Meeting Room Uranus
	Chair Justine Fletcher Safewards With New Communities	Chair Alan Simpson Safewards Research	Chair Bridget Hamilton Safewards Implementation	Chair Susanna Flansburg Safewards With New Communities
09:00	Reconceptualising Safewards for HDR Supervision Jennifer Hamilton (Australia) 52	Sustainable Approaches to Embedding Safewards Interventions in Inpatient Mental Health Settings: A Qualitative Descriptive Study Using Nominal Group Technique Emma Barker (Australia) 34	Safewards was our cornerstone – but the building needs more bricks: Safewards as part of a multidimensional initiative for aggression and de-escalation management in FMH Johannes Edel (Germany) Co-presenter: Sophie Krause 38	Innovating care with psychiatric wards for patients with intellectual disabilities, HUS, Finland Meri Kalpio (Finland) Co-presenter: Jenni Sinertö 40
09:20	Evaluation of the outcomes of Safewards Acute in Australian Emergency Departments Kristel Ward (Australia) Co-presenter: Lisa Browning 32	Implementing Safewards in Psychiatric Inpatient Care: A Realist-informed Qualitative Study of Context, Mechanisms and Outcomes Mårten Tyrberg (Sweden) Co-presenter: Martin Lindow 36	Implementing Safewards in High-Security Forensic Mental Health: Interprofessional Roll-Out Across Three Secure Units Lara Indlekofer (Switzerland) 37	Nursing and Allied Health Implementation of Safewards Calm Down Principles in an Open-door Mental Health Rehabilitation Unit for Adults with Intellectual Disability Victoria Millward (Australia) Co-presenter: Sarah Milsome 41
09:40	Safewards in Your Pocket: Co-creating a Digital Intervention for Self-Harm Support Lene Lauge Berring (Denmark) 33	Get it started - keep it running: The challenging transformation of the Bavarian pilot project “Safewards in FMH” into a long-term tool Sophie Krause (Germany) Co-presenter: Johannes Edel 35	Context-Specific Further Development of Safewards in Forensic Psychiatry Franz Xaver Regel (Germany) Co-presenter: Sarah Schneider 39	The Implementation of the Safewards Model within the Context of School Development at the KBO School of Nursing Stefanie Hanneder (Germany) Co-presenters: Victoria Lehrer; Michael Hangl 53
10:00	Coffee Break			

TUESDAY, 10 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter	Meeting Room Uranus
	Chair Michael Löhr Safewards Research	Chair Marek Procházka Safewards Implementation	Chair Pavel Říčan Safewards Implementation	Chair Anna Björkdahl Safewards With New Communities
10:30	Gender Sensitive and Gender Responsive Safewards Approach in a Female Mental Health Inpatient Rehabilitation Unit Veronika Peocz (UK) 43	Police Interactions with People with Mental Illness: A Criminological and Police Science Analysis from the Perspective of Psychiatric Nurses in Germany Dagmar Haase (Germany) 46	Implementing the Comfort Box: Lessons Learned, Barriers Identified, and Early Outcomes from a Safewards-Informed Intervention Andrew Pearson (USA) Co-presenters: Katherine Brownlowe; Laura Potts; Erica Mihely 49	Strengthening Suicide Prevention Through Safewards-Based Nursing Interventions in an Indonesian Psychiatric Inpatient Care Gita Kerina Tarigan (Indonesia) Co-presenter: Milka Maramba 66
10:50	More Than an Intervention: The Joy of Bringing Safewards to Life in a CAMHS Inpatient Unit Kathryn Thurston (UK) 44	Safewards Secure-Custodial Mental Health-A version for Bed-Based Prison Mental Health Units Tess Maguire (Australia) Co-presenter: Maicee Young 47	Implementing the Safewards “Getting to Know Each Other” Intervention in an Acute Psychiatry Ward: A Quality Improvement Project Mireia Pose Rovira (Spain) Co-presenters: Carmela Reyes Iglesias; Laia Sánchez Martínez; Marta Pascual Ruz 50	Implementing Safewards in Acute Mental Health Units at Scarborough Health Network (SHN): A Quality Improvement Initiative Doha Elsayed (Canada) Co-presenters: Veronica Javier; Efosa Osawe; Sari Greenwood 65
11:10	Adapting Safewards for Perinatal/Parent-Infant Inpatient Units/Mother and Baby Units: Clinical Reflections and the Infant as a Seventh Domain Abie Jazi (Australia) 45	Implementation Strategies and Participant Responsiveness in Forensic Psychiatric Care: A Multi-Perspective Study of Safewards Veikko Pelto-Piri (Sweden) Co-presenters: Jenny Wetterling; Rim Cherkaoui; Noor Aljibory 48	Music, Acoustic Atmosphere and Sound Design as De-escalating Safewards Strategies in Psychogeriatrics and Addiction Care Viviane Simone Plechinger (Germany) 51	
11:30	Change rooms / stretch legs / get coffee			

TUESDAY, 10 November 2026

	Auditorium 1	Auditorium 2	Meeting Room Jupiter
	Chair Lene Lauge Berring Safewards Research	Chair André Nienaber Safewards Research	Chair Michael Schulz Safewards Implementation
12:00	Ward Managers' Implementation Leadership in Safewards: A Qualitative Study Using the O-MILe Framework Daniel Arnerlöv (Sweden) Co-presenters: Veikko Peltö-Piri; Lars Kjellin; Anna Björkdahl 55	Safewards and Recovery: A Critical Discourse Analysis Alexandra Kiikeri (Sweden) Co-presenters: Sebastian Gabrielsson; Johanna Salberg; Veikko Peltö-Piri 58	A Regional Implementation of Safewards across Adult Mental Health Inpatient Wards in Northern Ireland Shauneen O'Connor (Northern Ireland) Co-presenters: Karen Mc Millan; Nuala Campbell; Liz McGrath 61
12:20	Balancing Structure and Autonomy: Patient Perspectives on Ward Atmosphere and the Role of Safewards Perihan Güner (Turkey) Co-presenter: Alime Nur Uygün 56	Safewards in Forensic Care for Women Adrian Smolik (Germany) 59	Safewards on a Ward for Young Adults - Implementation of the Safewards Model on a Ward for Young Adults Using the Theoretical Domains Framework Mirco Krümpelbeck (Germany) 62
12:40	Staff Perceptions of the Impact of Safewards Acute in Australian Acute Medical Wards Kristel Ward (Australia) Co-presenters: Sarah Wong; Lisa Browning 57	Safewards and Beyond Safety in Psychiatric and Mental Health Nursing André Nienaber (Switzerland) 60	Implementing Safewards in Psychiatric Inpatient Care: Nursing Staff Experiences Interpreted Through the Neuman Systems Model Jenny Karlsson (Sweden) 63
13:00	Lunch Break		

TUESDAY, 10 November 2026

13:45 – 14:15	Poster Discussion
14:15	Keynote 3 Chair: Geoff Brennan What Really Makes Safewards Work? Identifying the Active Ingredients for Fidelity, Learning and Impact Assoc. Prof. Anna Björkdahl
15:00	Closing Ceremony
15:30	End of Day 2



POSTER PRESENTATIONS

Poster Discussion: 12:30 - 13:00 on Monday (9 November 2026) / 13:45 - 14:15 on Tuesday (10 November 2026)

P1

Long-term Impact of a Mnemonic-Driven De-escalation Protocol and Protective Equipment on Reducing Ward Violence and Staff Injuries

Yu-Fen Chen (Taiwan)
Co-presenters: Shu-Yuan Chang; Fan-Li Meng

P2

Implementing the Safewards Model in Child and Adolescent Psychiatry

Nadia Basarir (Germany)
Co-presenter: Nicole Gießner

P3

Safewards Talk Down & Mutual Expectation Interventions Introduction into an Acute Psychiatric Unit

Theresa Donegan (Ireland)

P4

Safewards and Nursing Leadership

Tracey Harmer (Australia)
Co-presenters: Gaganpreet Khaira; KristyLee Allan

P5

Safewards - Mutual Help Meetings

Maree Yalousi (Australia)
Co-presenter: Gaganpreet Khaira

P6

Four-Year Follow-up of Safewards Implementation in an Acute Mental Health Inpatient Unit in Andalusia, Spain

Josefa Guerra Arévalo (Spain)

P7

Integration of the Safewards Model into Pediatric Occupational Therapy Early Intervention

Wei-Chien Chang (Taiwan)
Co-presenters: I-Chun Chen; Ching-Wen Weng; Deng-Wu Wang

P8

Adapting Safewards Principles to an Occupational Therapy Activity Program for Youths in an Acute Inpatient Psychiatric Ward: A Quality Improvement Project

Ching-Wen Weng (Taiwan)
Co-presenters: Wei-Chien Chang; Chia-Chien Liu

OTHER ACTIVITIES

SILENT AUCTION

The Silent Auction is an opportunity to celebrate the creativity, generosity, and collaborative spirit of the international Safewards community.

We warmly invite all conference participants to donate an item connected to Safewards, mental health care, recovery, or compassionate practice. Your contribution might be a book, artwork, handmade item, educational resource, local specialty, or any unique object with a Safewards story behind it.

As an example, a signed copy of the book *Safewards* by Michael Löhr, Michael Schulz, and Andreas Nienaber will be among the auction items.

Throughout the conference, auction items will be displayed and participants will be able to place their bids quietly and at their own pace. At the end of the auction, the highest bidder for each item will take it home, while all proceeds will be donated to a charitable cause supporting mental health.

Whether you bring something simple or something extraordinary, every donation helps make a difference. Together, we can extend the Safewards philosophy beyond our wards and into the wider community - through kindness, generosity, and shared purpose.

Bring an item. Place a bid. Support a good cause. The Silent Auction is an opportunity to celebrate the creativity, generosity, and collaborative spirit of the international Safewards community.

CALM DOWN METHODS GALLERY

Bring an idea. Share an experience. Inspire others.

As part of the 1st International Safewards Conference, we invite all delegates to contribute to a collaborative exhibition showcasing Calm Down Methods used in mental health services around the world.

Whether your team has created a calming box, sensory tool, relaxation resource, visual aid, comfort item, mindfulness exercise, or any other innovative approach that helps people regulate distress, we would love you to share it.

How to participate

- Bring a physical example, photograph, or brief description of your Calm Down Methods.

- Display your contribution in our dedicated Calm Down Methods Gallery throughout the conference.

- Include name of your organization, country and contact so colleagues can learn from your experience.

- During networking breaks, delegates will have the opportunity to explore the gallery, exchange ideas, and discuss how these techniques are used in different settings. Let's create an inspiring display of ideas that demonstrates how small interventions can make a meaningful difference to patients' experiences.

We look forward to seeing your contributions and learning from one another!

AI-SUPPORTED VERBAL DE-ESCALATION TRAINING

Throughout the conference, delegates are welcome to visit the ComGuide stand and try out AI-based communication training first-hand.

You can hold a spoken conversation with a virtual patient — an AI avatar in acute distress, developed with mental health professionals to practice de-escalation. In a safe environment, you can try out individual techniques, such as Soft Words, and receive immediate feedback on your conversation.

A single conversation takes only a few minutes and requires no preparation. You are welcome to stop by at any time during the conference, ask questions, and see how AI avatars can be used to rehearse difficult conversations in mental health care.

SEE YOU IN PRAGUE

THANK YOU FOR BEING PART OF THE 1ST INTERNATIONAL SAFEWARDS CONFERENCE

We look forward to two inspiring days of sharing knowledge, experience and ideas, building new connections
and
exploring how we can make mental health services safer, more respectful and more compassionate.

Together, we can make psychiatric care safer.

9-10 NOVEMBER 2026 | PRAGUE



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